

Signposting to Local Recovery Services

When should a referral be considered?

- If you suspect the individual has a significant alcohol problem that would benefit from additional support, or if you suspect that they may be dependent on alcohol.
- If the individual wants to speak to someone else or wants additional help or support.
- If the individual needs help with other substance use or mental health problems that you cannot adequately support or address.
- If the individual has physical problems or possible physical problems that you cannot adequately support or address. This includes the whole range of conditions for which a primary care practitioner would normally refer a patient for further investigation, not just alcohol-related conditions.
- If the individual has social, educational, financial, relationship, criminal or other problems or needs that you cannot adequately support or address.
- If there is a child protection concern. Referral requirements in this case will vary according to each area and organisation's child protection policy.

If your patient/client fits into any of the criteria above, please refer to:

Lewis & Harris

NHS Western Isles, Alcohol and Drug Nurse, or NHS Western Isles, Community Nurse (Alcohol);
Tel: 01851 703069

Uist & Barra

Alcohol Misuse Community Nurse; Tel: 01870 603279
(Referrals accepted via: RMS/Topas;)