

Evaluation of the Scottish Government Residential Rehabilitation programme: number of individuals starting a residential rehab placement per financial year

Placements started from 1 April 2019 to 31 March
2025.

A Management information release for Scotland

Publication date: 09 December 2025





Translations



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Users should therefore be aware of the aspects of data quality and caveats surrounding these data, all of which are listed in this document.

Visit the UK Statistics Authority website for more information about the **Code of Practice** and **Management Information**.

Visit our website for **further information about our statistics and PHS as an Official Statistics producer**.

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About this release

This release by Public Health Scotland (PHS) is part of a series of reports on the total number of individuals who start a residential rehabilitation placement in Scotland. These reports are informing the [PHS evaluation of the Scottish Government's Residential Rehabilitation programme](#).

- We first shared these data in a [report published in December 2024](#), which covered financial years 2021/22 and 2022/23.
- In [October 2025](#) we published data for financial year 2023/24.
- This current release includes data for financial year 2024/25.

Detailed data for all financial years are provided in [Appendix 1](#).

These different publications, including the current release, are based on data directly submitted by residential rehab providers, to PHS in 2025 (for financial years 2021/22, 2022/23, 2023/24 and 2024/25) and to the Scottish Government in 2021 (for financial years 2019/20 and 2020/21).

The data collection was set up to:

- Track progress towards the Scottish Government's target of 1,000 individuals publicly funded per year to access residential rehab by 2026
- Explore by how much the total number of Scottish individuals accessing residential rehab, irrespective of whether those placements are publicly or privately funded, has increased since the start of the programme.

It is important to be mindful that this is an experimental dataset and revisions remain possible. Work to improve the data infrastructure on residential rehab in Scotland is ongoing and further issues will be picked up in the next publication. More detail on the PHS data development work, and on the methods used in this current release, can be found in the [December 2024 report](#).

Revised data for financial year 2023/24

One residential rehab provider who had not previously submitted data has now done so for 2024/25, and retrospectively for 2023/24. As a result, an additional 48 placements are now included in the total number of individuals starting a residential rehab placement in 2023/24 in [Appendix 1](#).

The monthly totals submitted to PHS by residential rehab providers for financial year 2023/24 now add up to 1,789 individuals when including publicly and privately funded residential rehab placements, and to 1,140 when only including publicly funded placements (or 1,051 if only including Scottish residents). Following adjustment for repeat admissions (estimated at 5%), the data suggest that 1,083 individuals started a publicly funded residential rehab placement in Scotland in financial year 2023/24. This includes 998 Scottish residents.

Main points – findings for financial year 2024/25

A total of 16 Scottish residential rehab providers, covering 24 different Scottish rehab centres, submitted data for 2024/25.

The monthly totals submitted by those 16 providers for financial year 2024/25 add up to 1,773 individuals when including publicly and privately funded residential rehab placements, and to 1,135 when only including publicly funded placements (or 1,045 if only including Scottish residents).

More detail about who submitted data can be found in [Appendix 2](#).

Is the Scottish Government on track to hit its target of 1,000 individuals publicly funded to access rehab by 2026?

Following adjustment for repeat admissions (estimated at 5%), the aggregate data submissions suggest that 1,078 individuals started a publicly funded residential rehab placement in Scotland in financial year 2024/25. This includes 993 Scottish residents

and 86 non-Scottish residentsⁱ. A small number of placements are still missing from those 1,078 and 993 figures: not all residential rehab providers participated in the PHS aggregate data collection exercise. Full detail about the 5% adjustment can be found in the [October 2025 PHS report](#).

When only including Scottish residents, the data submissions suggest that the Scottish Government has already come close to meeting, and possibly has already met, its 2026 target in financial year 2024/25 (at least 993 individuals).

Has the number of Scottish individuals accessing residential rehab increased since 2019/20 and, if so, by how much?

The monthly totals submitted to PHS by residential rehab providers for financial year 2024/25 add up to 1,773 individuals publicly or privately funded to access residential rehab in Scotland.

Because of differences between the data collection processes, this figure cannot be directly compared to a corresponding figure for financial year 2019/20. This includes differences in the wording of the questions and in which residential rehab providers submitted data (see [Appendix 2](#)). Full detail on those differences can be found in the earlier [December 2024 PHS report](#).

The best available data are presented in [Table 1](#). In this instance, we have not adjusted the 2024/25 figures for repeat admissions, as repeat admissions are as likely to have been included in the 2019/20 data.

The likely order of magnitude of changes in access to residential rehab between 2019/20 and 2024/25 are as follows (see [Table 1](#)):

ⁱ The Scottish Government target does not specify whether the 1,000 individuals publicly funded to access rehab in Scotland should be Scottish residents. Data are provided separately for Scottish residents for clarity and full transparency.

- Overall, access to residential rehab (publicly or privately funded) has increased slightly in Scotland between 2019/20 and 2024/25.
- Access to publicly funded residential rehab in Scotland has substantially improved: it is estimated to have broadly doubled between 2019/20 and 2024/25.
- There has also been a shift towards more Scottish residents and fewer non-Scottish residents accessing residential rehab in Scotland. The number of Scottish residents accessing rehab (publicly or privately funded) is estimated to have increased by around 50% between 2019/20 and 2024/25.

Table 1. Best available data estimates on access to rehab for financial years 2019/20 and 2024/25

Individuals	Financial year 2019/20 (data submissions to the Scottish Government)	Financial year 2024/25 (data submissions to PHS)
All	~1,601	~1,773
All (Scottish residents)	~903	~1,315
All (non-Scottish residents)	~676	~458
Publicly funded only	~542	~1,135

Source: aggregate data submitted by 16 residential rehab providers (across 24 rehab centres) to PHS for financial year 2024/25 and aggregate data submitted by 14 residential rehab providers (across 17 rehab centres) to the Scottish Government for 2019/20.

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Further information

Further information and data for this publication are available from the [publication page](#) on our website.

Rate this publication

Let us know what you think about this publication via the link at the bottom of this [publication page](#) on the PHS website.

Appendices

Appendix 1 – Detailed summary of results

Appendix 1 is based on an analysis of the data submitted for four financial years: 2021/22, 2022/23, 2023/24 and 2024/25. The data cover individuals who started a publicly or privately funded placement. A total of 16 residential rehab providers submitted data. The data submissions from those 16 providers cover 19 different rehab centres for 2021/22, 21 different rehab centres for 2022/23, 22 different rehab centres for 2023/24 and 24 different rehab centres for 2024/25.

What percentage of individuals are privately funded to access rehab in Scotland?

About four in ten individuals who started a residential rehab placement in Scotland in financial years 2021/22 to 2024/25 were entirely privately funded (see [Table 2](#)). The data suggest a downward trend between 2021/22 and 2023/24. There has been no change between 2023/24 and 2024/25.

Table 2. Percentage of individuals publicly vs. privately funded to access residential rehab in Scotland

Financial year	Publicly funded	Privately funded
2021/22 (n = 1,414)	56%	44%
2022/23 (n = 1,602)	61%	39%
2023/24 (n = 1,789)	64%	36%
2024/25 (n = 1,773)	64%	36%

Client characteristics – sex

Across all placements recorded in the data (irrespective of the source of funding), about seven in ten individuals are male and three in ten are female in financial years 2021/22 to 2024/25 (see [Table 3](#)).

Table 3. Percentage of men and women accessing residential rehab in Scotland (publicly or privately funded)

Financial year	Male	Female
2021/22 (n = 1,414)	68%	32%
2022/23 (n = 1,602)	68%	32%
2023/24 (n = 1,789)	71%	29%
2024/25 (n = 1,773)	69%	31%

Client characteristics – substance type

Across all placements recorded in the data (irrespective of the source of funding), about four in ten individuals started a placement for alcohol use, about three in ten did so for drug use and the remaining three in ten did so because of co-dependency in financial years 2021/22 to 2024/25 (see [Table 4](#)).

Table 4. Percentage of individuals accessing residential rehab in Scotland by substance type (publicly or privately funded)

Financial year	Alcohol	Drugs	Co-dependency
2021/22 (n = 1,414)	43%	30%	27%
2022/23 (n = 1,602)	43%	31%	26%
2023/24 (n = 1,789)	42%	30%	28%
2024/25 (n = 1,773)	42%	26%	32%

Client characteristics – Scottish residency

Non-Scottish residents attending a Scottish residential rehab centre were much more likely than Scottish residents to be privately funded for their residential rehab placement (see **Table 5**): 80% of non-Scottish residents were privately funded, compared to 21% of Scottish residents.

Table 5. Percentage of Scottish and non-Scottish residents publicly and privately funded in financial year 2024/25

2024/25 data	Publicly funded	Privately funded
Scottish residents (n = 1,315)	79%	21%
Non-Scottish residents (n = 458)	20%	80%
All (n = 1,773)	64%	36%

Further analysis is needed to explore the inclusion of publicly funded non-Scottish residents in the data. This may reflect non-Scottish residents receiving non-Scottish public funding from, for example, an English local authority to access rehab in Scotland. It may also relate to individuals whose last known address or official residency is outside Scotland but who are currently living in Scotland, for example because they are homeless.

Appendix 2 – Data submissions to the Scottish Government and to PHS by residential rehab providers

Table 6. Data submissions to the Scottish Government and PHS by residential rehab providers

Residential Rehab Provider	2019/20 Scottish Government	2020/21 Scottish Government	2021/22 PHS	2022/23 PHS	2023/24 PHS	2024/25 PHS
Abbeycare	✓	✓	✓	✓	✓	✓
Aberlour (Cowan Grove)	N/A	N/A	N/A	✓	✓	✓
Aberlour Falkirk	N/A	N/A	N/A	N/A	N/A	✓
Alternatives	✓	✓	✓	✓	✓	✓
Bethany Christian Centre	✓	✓	✓	✓	✓	✓
Calderglen House	N/A	N/A	✓	✓	✓	✓
Castle Craig	✓	✓	✓	✓	✓	✓
Cross Reach (Glasgow)	✓	✓	✓	✓	✓	✓
Cross Reach (Inverness)	✓	✓	✓	✓	✓	✓
Hebrides Alpha Project	No	No	✓	✓	✓	✓
Jericho House (Bank Street)	✓	✓	✓	✓	✓	✓

Residential Rehab Provider	2019/20 Scottish Government	2020/21 Scottish Government	2021/22 PHS	2022/23 PHS	2023/24 PHS	2024/25 PHS
Jericho House (Dundee)	✓	✓	✓	✓	✓	✓
Jericho House (Shankland Road)	✓	✓	✓	✓	✓	✓
King's Court, Maxie Richards Foundation	✓	✓	✓	✓	✓	✓
Lothians & Edinburgh Abstinence Programme	✓	✓	✓	✓	✓	✓
Phoenix Futures (Glasgow)	✓	✓	✓	✓	✓	✓
Phoenix Futures (Harper House)	N/A	N/A	N/A	✓	✓	✓
Phoenix Futures (Rae House)	N/A	N/A	N/A	N/A	N/A	✓
River Garden	✓	✓	✓	✓	✓	✓
The Haven	✓	✓	✓	✓	✓	✓
Teen Challenge (Whitchester House)	✓	✓	No	No	✓	✓
Teen Challenge (Sunnybrae)	No	No	✓	✓	✓	✓
Teen Challenge (Benaiah Teen)	No	No	✓	✓	✓	✓
Ward 5	✓	✓	✓	✓	✓	✓
Priory Hospital	✓	✓	No	No	No	No

Residential Rehab Provider	2019/20 Scottish Government	2020/21 Scottish Government	2021/22 PHS	2022/23 PHS	2023/24 PHS	2024/25 PHS
Total number of rehab providers submitting	14	14	15	16	16	16
Total number of rehab centres covered	17	17	19	21	22	24

Appendix 3 – Publication metadata

Publication title

Evaluation of the Scottish Government Residential Rehabilitation programme:
number of individuals starting a residential rehab placement per financial year

Description

This report provides a high-level overview of the number of individuals starting a residential rehabilitation placements between 1 April 2019 to 31 March 2025.

Theme

Drugs

Topic

Residential Rehabilitation

Format

PDF

Data source(s)

Numbers are provided by Residential Rehabilitation providers.

Date that data are acquired

30 June 2025

Release date

09 December 2025

Frequency

n/a

Timeframe of data and timeliness

Number of individuals starting a residential rehabilitation placements between 1 April 2019 to 31 March 2025.

Continuity of data

n/a

Revisions statement

n/a

Revisions relevant to this publication

One residential rehab provider who had not previously submitted data has now done so for 2023/24. As a result, an additional 48 placements are now included in the total number of individuals starting a residential rehab placement in 2023/24 in this report.

Concepts and definitions

Number of individuals starting a residential rehabilitation placement per month.

Relevance and key uses of the statistics

The statistics will be used to support the Monitoring and Evaluation of the Scottish Government's Residential Rehabilitation programme

Accuracy

Data are considered accurate. PHS carry out validation checks in consultation with Residential Rehabilitation providers, as required.

Completeness

It is important to be mindful that this is an experimental dataset and revisions remain possible. Updates may occur between releases if resubmissions are made. Work to improve the data infrastructure on residential rehab in Scotland is ongoing.

Comparability

n/a

Accessibility

It is the policy of Public Health Scotland to make its websites and products accessible according to published guidelines. More information on accessibility can be found on the [PHS website](#).

Coherence and clarity

The summary and report have been produced using the standard PHS Management Information publications template and is available as a word document.

Value type and unit of measurement

Number of individuals starting a residential rehabilitation placement per month.

Disclosure

The [PHS protocol on statistical disclosure](#) is followed

Official statistics accreditation

Management information

UK Statistics Authority assessment

Not assessed

Last published

28 Oct 2025

Next published

n/a

Date of first publication

17 December 2024

Help email

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Date form completed

12 November 2025

Appendix 4 – Early access details

Pre-release access

Under terms of the 'Pre-release Access to Official Statistics (Scotland) Order 2008', PHS is obliged to publish information on those receiving pre-release access ('pre-release access' refers to statistics in their final form prior to publication). The standard maximum pre-release access is five working days. Shown below are details of those receiving standard pre-release access.

Standard pre-release access:

Scottish Government Department of Health and Social Care (DHSC)

NHS board chief executives

NHS board communication leads

Early access for management information

These statistics will also have been made available to those who needed access to 'management information', i.e. as part of the delivery of health and care:

Early access for quality assurance

These statistics will also have been made available to those who needed access to help quality assure the publication:

Appendix 5 – PHS and official statistics

About Public Health Scotland (PHS)

PHS is a knowledge-based and intelligence driven organisation with a critical reliance on data and information to enable it to be an independent voice for the public's health, leading collaboratively and effectively across the Scottish public health system, accountable at local and national levels, and providing leadership and focus for achieving better health and wellbeing outcomes for the population. Our statistics comply with the **Code of Practice for Statistics** in terms of trustworthiness, high quality and public value. This also means that we keep data secure at all stages, through collection, processing, analysis and output production, and adhere to the Office for National Statistics '**Five Safes**' of data privacy.

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